

Workshops

Job search, how to find government jobs and how to apply.

Leadership & personal development

Communication

Resume writing

Interview skills

How to start a business

How to market your business/yourself/qualifications

How to create strategic and business plans

How to build sustainable networking groups

How to prepare and write legal contracts

Financial planning

How to dress for business/dress for success

Nutrition and health essentials

Self defense



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ACES

Association of a Community Engaged in Sharing

Empowering Women

Building a comprehensive atmosphere for women to enhance their skills in an economic environment.

www.acesab.ca



Building a comprehensive atmosphere for women to enhance their skills in an economic environment.

ACES

ACES is a not-for profit organization that is committed to helping individuals from diverse backgrounds as well as those from Indigenous and mainstream communities learn from each other's experiences with regards to people, Cultural and business skills required to navigate through life to build a cohesive successful community.

ACES provides hands-on experience within the Canadian workplace and helps those already working in overcoming barriers to their progress.

ACES mentors women and youth to:

- be successful,**
- grow their business, promote**
- cross-cultural understanding**
- navigate through life in general**
- and the business and job**
- market in particular.**

ACES provides many services and programs to the community, especially women and youth.

Empowering WOMEN is an initiative creating an exchange of knowledge, experience and contacts among different groups that generally work in silos within their respective groups, (Ethnocultural, Mainstream and Indigenous)

Women will unit their forces and knowledge to develop strategies to address inequality issues within society.

Women from diverse communities will gather to network and improve their leadership and communication skills among other skills.

Women will have an opportunity to overcome economic barriers and become contributing citizens while enhancing their economic and social environments.

PROGRAM ACTIVITIES

Mentorship
Networking
Hands on business training (job shadowing)

BENEFITS

Breaking down barriers
Building women self-esteem and knowledge about the business world
Tools to navigate the business world
Hands on experience

